

Happy
Valentine's Day

Auburn OWLS
(Older Wiser Laughing Seniors)

We hope to resume our luncheons in
March!

For more information on the OWLS,
email mwalker@cityofauburn-ga.org
or call 770-963-4002 ext 204

AUBURN
1369 Fourth Avenue
P.O. Box 1059
Auburn, GA 30011
770-963-4002
www.cityofauburn-ga.org



The Master Gardener Extension Volunteer
Program is coming to Barrow County!

Master Gardeners receive in-depth horticulture training and put that training to use to serve the community through demonstration gardens, teaching classes, and answering questions for local gardeners.



This year's training will be a hybrid model. Participants will learn content online from March 29-May 28, and will attend four in-person workshops over that time for hands-on skills development. A wide range of topics will be covered: propagating plants, botany, insects and diseases, fruit and vegetable production, ornamental plants, and more!

If you are interested in joining a class of gardeners working together to grow a better community, visit <https://tinyurl.com/2021MGEV>, scan the code, or e-mail aholloway@uga.edu. Applications are due February 26.



770-415-0579

25 Auburn Park Dr
Auburn, GA 30011

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February 2021

Volume 13, Issue 2

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The Mayor's Corner

Can you believe it is February already? The work in our fair city doesn't stop because of the cold weather. We are staying prepared for any inclement weather that may occur. As we look to the year ahead, we are very hopeful that the pandemic numbers continue to decrease. With that in mind, we have set our calendar for our yearly events. As we get closer to March, final decisions will be made based on CDC guidelines on whether our citizens and guests can congregate safely. For more information, please visit www.cityofauburn-ga.org or our Facebook page. Below is our tentative schedule:



Mayor Linda
Blechinger

- March 6—Auburn Youth Athletics Opening Day
- May 1—Auburn Ever After—Our premier children's event featuring characters like Cinderella, Elsa, Anna, Moana, Spiderman and many more. The princess carriage rides and inflatables round out a great event that has grown more popular each year
- June 12—Georgia Barbecue Association BBQ Competition
- July 3—Independence Day Celebration—Celebrate the United States Independence with a day of family fun, food, games, live music and activities. The area's most spectacular fireworks display starts at dusk.
- August 28—Auburn Car Show
- September 18—Public Safety Day—Come out and see what our 1st responders do! Demonstrations by our police and firefighters: see the life-flight helicopter and watch the K9 unit do their incredible work too
- October 23—AuburnFest—Our premier hometown celebration. Arts, crafts, food, live music and friendly competitions such as canning, knitting and pie baking make this a "don't miss" event in Auburn
- Sounding Off the Christmas Season—Sunday December 5—Enjoy food, music, a live nativity and the ceremonial lighting of downtown. Santa and his LIVE reindeer will arrive for free photos.

Auburn also hosts a Community Yard Sale beginning in March and lasting through September, a Farmer's market June through October, and Movies in Whistlestop Park May through September. There is always something fun for your family to do in Auburn!

February is Also National Heart Month—American Heart Month isn't just for lovers. February reminds us to take care of our heart and consider our risk factors. Believe it or not, heart disease can happen at any age. Some risk factors for heart disease and stroke are preventable. American Heart Month teaches us the ways we can help reduce our risks while eliminating those we have control over. Do you have one of these risk factors for cardiovascular disease: Obesity, physical inactivity, high blood pressure, cigarette smoking, high cholesterol or diabetes? Visit www.millionhearts.hhs.gov learn more about the risks and how to prevent heart disease and stroke. Here are a few signs the CDC says you may be at risk for heart disease.

- **High blood pressure.** There are millions of people in the United States who have high blood pressure, and millions of them are as young as in their 40s and 50s. If you are one of them, *make sure to have it under control.*
- **High cholesterol, diabetes, and obesity** are all conditions that can increase your risk for heart disease. If you fall into this category, work on eating healthy and getting some physical activity in a few times a week.
- **Smoking cigarettes.** Over 35 million adults in America are smokers and thousands of young people are picking up the habit daily. If you're a smoker, do your best to quit or cut down. It's what's best for your health.

So, if you want to stay on top of your health and try to avoid the risk of heart disease, there are a few things you can do. Don't smoke, and if you're already a smoker, do your best to quit. The next step you can take is managing any conditions you may have such as high blood pressure and cholesterol. Take your medication as prescribed by your doctor. Next, make heart-healthy diet decisions. Eat whole foods that are low in trans-fat, saturated fat, sodium, and added sugar. A good rule of thumb is to fill half your plate with fruits and vegetables. Finally, get moving! Try to get in at least 20 minutes of physical activity 4-5 days a week, then build from there!



What is an Illicit Discharge?

An Illicit discharge is defined as "any discharge into a municipal storm sewer system that is not composed entirely of stormwater." Some of the pollutants that fall into this category are:

- Car wash wastewater
- Pesticides
- Gas and motor oil
- Pet waste
- Grass clippings
- Solvents
- Household cleansers
- Weed Killer
- Paints



Sometimes these pollutants are carried through the storm drainage system by rain, wind, or improper disposal into Auburn's water ways. This can result in serious health and water quality problems. In addition, wildlife and the overall appearance of water ways are adversely affected by illicit discharges.

The City is working to identify illicit discharges by performing annual dry-weather outfall screenings. You can do your part and help the City of Auburn maintain an operating storm water system and healthy waterways by report illicit discharges. Illicit discharges along with any other water quality concerns may be reported by calling the Stormwater Coordinator: 770/963-4002 X 208.

MEETINGS CALENDAR

All meetings are held in the Council Chambers located at 1361 4th Avenue (next to the Police Station) unless otherwise noted—meeting times, locations & dates are subject to change

- 02/04 at 5PM: City Council Business Meeting
- 02/10 at 6:30PM: Parks & Leisure Commission
- 02/11 at 6PM: Downtown Development Authority
- 02/17 at 6PM: Planning & Zoning
- 02/18 at 5PM: City Council Workshop

HOURS

M-F 10 - 4
Sat 10-2

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REMEMBER, EDUCATE, CELEBRATE.

BLACK HISTORY MONTH



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SCHEDULE YOUR
HOLIDAY SESSION!

Santa appointments Nov 7 & 8
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Auburn Parks & Leisure Commission

is devoted to bringing the best in leisure programming to Auburn. From Auburn Youth Athletics Baseball and Soccer Programs, the Tennis program, the Auburn OWLS (Older Wiser Laughing Seniors) and green space parks—there is something for everyone.

February 10—6:30 pm—Parks & Leisure Commission

City of Auburn Great American Cleanup

Thursday April 8th. 8:30 a.m. - 4:30 p.m.

Friday April 9th. 8:30 a.m. - 4:30 p.m.

Saturday April 10th. 8:00 a.m. - 1:00 p.m.

We will be collecting:

- Batteries
- Motor Oil
- Scrap Metal
- Electronics (Only Flat Panels TVs Accepted)
- Plastics
- Freon Free Appliances
- Wood (no construction)

Tires only NO RIMS - \$2.00 - \$5.00 each depending on size

EXACT CASH ONLY NO CHANGE WILL BE GIVEN

WE CANNOT ACCEPT:

- Paint of Any Type
- Paint Thinner
- No Household / Municipal Garbage
- No Chemicals
- No Businesses

**All loose items must be boxed or bagged
NO EXCEPTIONS!!!**

**Attendees are strongly urged to practice CDC guidelines
Including wearing a face mask and social distancing**

Containers will be set-up at Mary Carter Ballfields

For more information contact Johnathen Eggleston

jeggleston@cityofauburn-ga.org

770-963-4002 Ext. 208